



SCHUYLKILL RIVER

**MAP LEGEND**

- Current Building
- Old DuPont Paint Factory
- Movement Score Site
- Walking Score
- Parkour Course

SHARE YOUR DATA  
#EMBODIEDSCIENTIST

Grays Ferry Crescent Trail

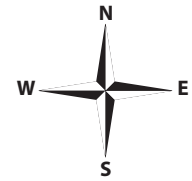
Grays Ferry Ave

South 34th St.

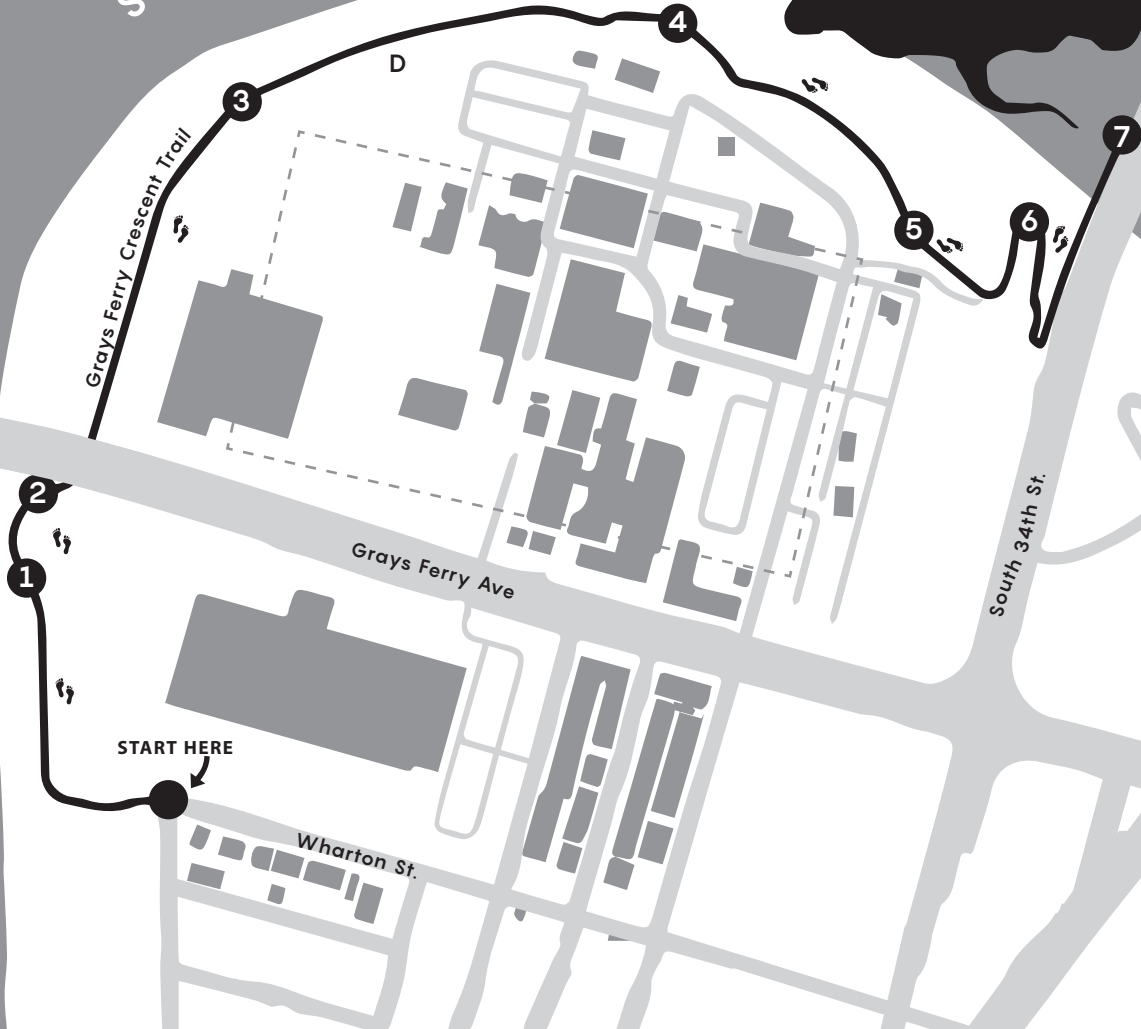
Schuykill Expressway

START HERE

Wharton St.



GRAYS FERRY, PHILADELPHIA



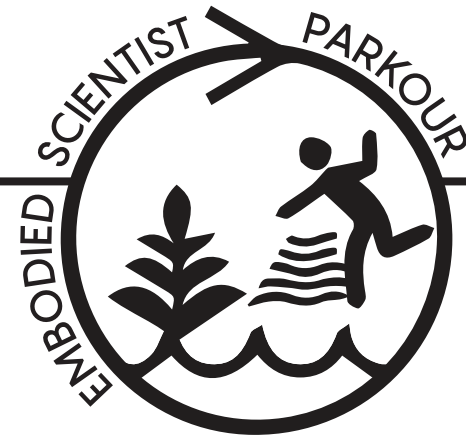
# EMBODIED SCIENTIST PARKOUR

**EMBODIED SCIENTIST PARKOUR** IS A TRAINING FOR INTERSPECIES COMMUNICATION AND DEEPENED RELATIONSHIPS WITH THE IN-BETWEEN LANDSCAPES OF THE SCHUYLKILL RIVER. USE THE ACCOMPANYING MOVEMENT SCORES TO ENTANGLE YOUR BODY WITH WILD URBAN PLANTS, VIBRATE WITH THE MULTISPECIES HIGHWAY, AND DEVELOP NEW FORMS OF INTIMACY WITH THE RIVER'S EDGE - ALL WITH THE AIM OF EXPANDING OUR NOTION OF HOW WE CAN COLLECT AND CO-GENERATE EMBODIED SCIENTIFIC DATA.

SHARE YOUR EMBODIED DATA: **#EMBODIEDSCIENTIST**

DEVELOPED BY THE ENVIRONMENTAL PERFORMANCE AGENCY  
WITH SUPPORT FROM PENN PROGRAM IN ENVIRONMENTAL HUMANITIES

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**TRAINING COMMITMENT:** 1hrs 30 minutes – 2hrs

**RECOMMENDED GROUP SIZE:** Minimum 2 to 3 people

## GUIDELINES

- As you move through the Parkour, read each score aloud together, then do the score together in silence!
- The scores require presence and focus - Provide support for each other.
- Be open to receiving data through your senses, intuition and instinct. Be open to the unexpected!
- Respect the environment you enter.
- Don't do anything that feels dangerous to you. Adapt scores to your comfort level.
- Leave a lot of room for silence, slowness and taking time.
- Share data after completing the Parkour. Data may even arise a few days later.

## ACKNOWLEDGEMENTS

Embodied Scientist Parkour is a project by **The Environmental Performance Agency (EPA)**, an artist collective using social/embodied practices to advocate for the agency of all living performers co-creating our environment, specifically through the lens of spontaneous urban plants, native or migrant. EPA agents currently include andrea haenggi, Christopher Kennedy, Ellie Irons, and Catherine Grau. Embodied Scientist Parkour was developed for the Ecotopian Toolkit initiative organized by the the Penn Program in Environmental Humanities (PPEH). Special thanks to Aislinn Pentecost-Farren and Thomas Choinacky.

